

Collage

Cutting and sticking isn't just for children, but this is perfect for them to join in with too!

Aim– To Develop an abstract or reflective collage highlighting the connections between art and wellbeing. Exploring a range of found materials to focus your mind on the process of simply cutting, tearing and sticking.

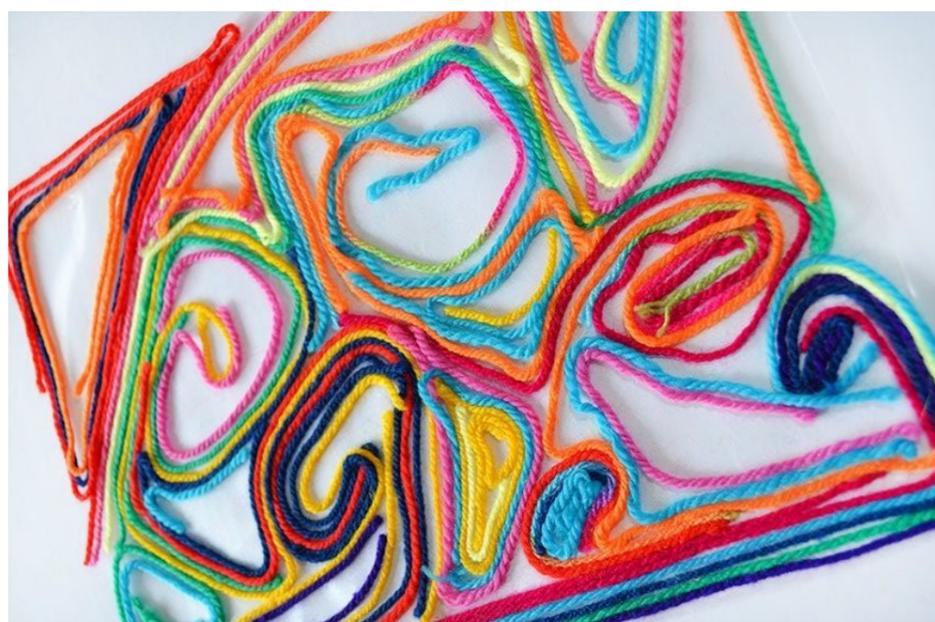
Connect with your surroundings and your own thoughts, do the activity with others.

Take notice of the world around you when looking for materials and objects.

Be Active even if it's only around your house and during your daily exercise, what can you collect or observe?

Keep Learning– Research a range of collage techniques and artists.

Give– Give yourself some time out to draw and reflect.



Key words-

Abstract

Colour Wheel

Explore

Self-reflection

Wellbeing

Experimental

Collage

Mixed Media



Can children name any of the objects or flowers found in nature?



More research into the benefits of Art-

<https://cravepainting.com/blog/why-making-art-is-good-for-you>

Techniques in more detail-

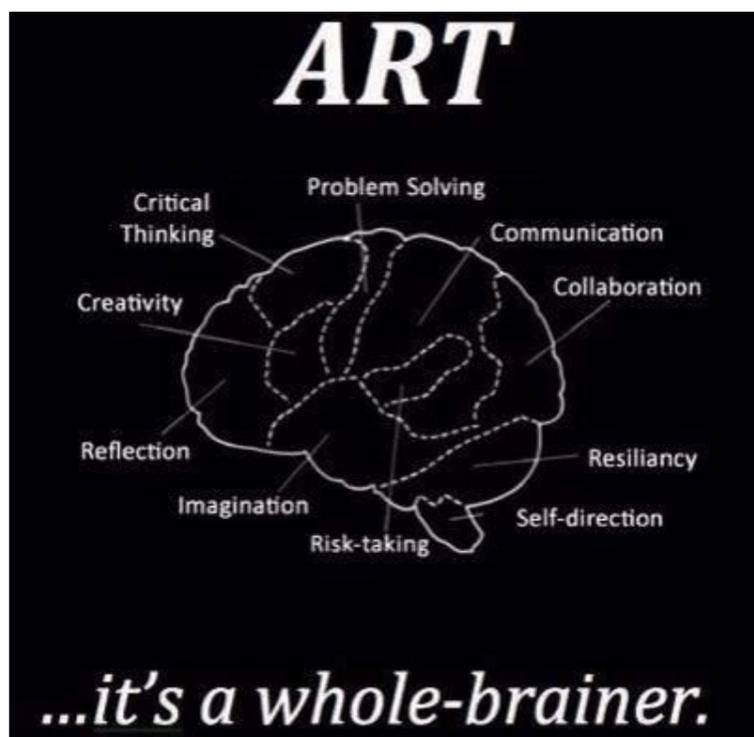
<https://www.tate.org.uk/art/art-terms/c/collage>

Artist Inspiration– Kurt Schwitters– a German Collage Artist.

<https://www.guggenheim.org/artwork/artist/kurt-schwitters>

You will need-

- Glue, any kind
- Scrap of paper (a cut up cardboard box is fine)



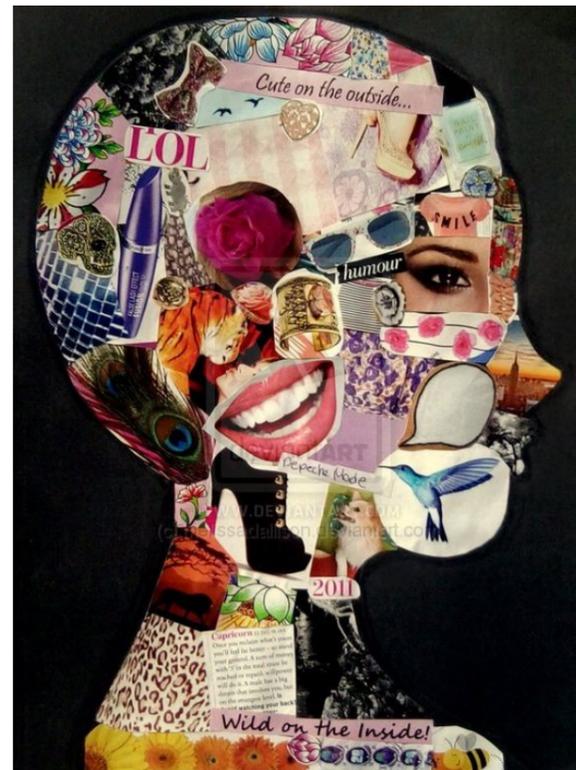


If you don't want to stick anything down, take inspiration from Sand Mandala's and make a temporary artwork where you simply place objects or colours together.



5. Reflect through your collage and put your thoughts or worries into your collage.

Give yourself a central point like a visual Mind map or use a head or hand as a frame and fill with words, shapes or ideas. It doesn't have to mean anything to anyone but you!



1. Take a walk, around your house, garden or during your daily exercise. Take time to take notice of what's around. A leaflet that came through the door, a well read magazine, leaves. **(Can Children count the amount of objects, can they spell them?)**



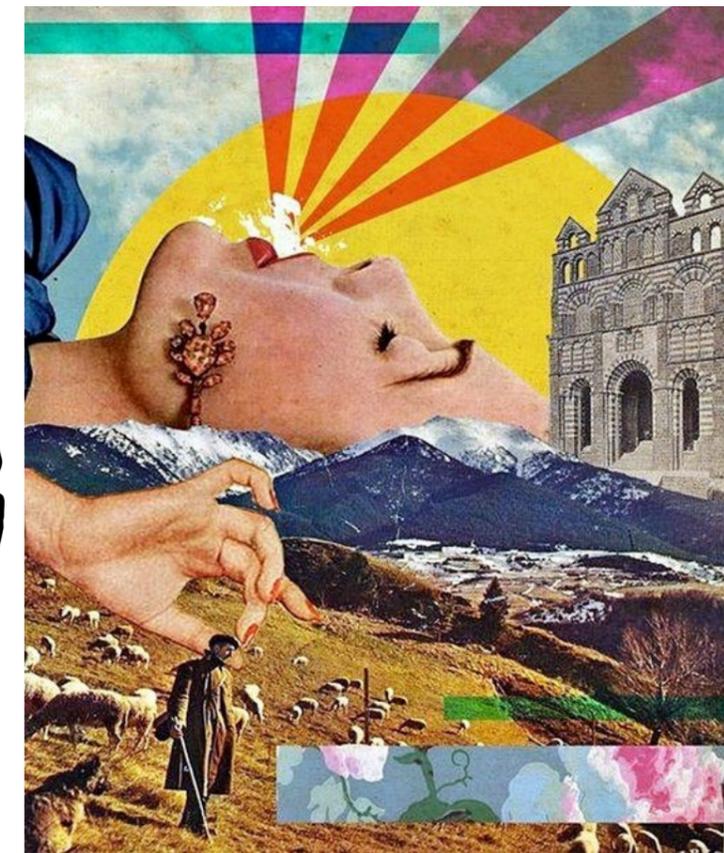
2. Observe your objects.
What colours do you have?
Do they remind you of anything?
Do you have a range of colour or a limited palette?

Can Children label the colour? Do they know which colours to mix together to make each colour?



3. If you would prefer to create something abstract then just begin cutting, tearing and start places things on a scrap of paper.

The order ad composition doesn't matter, just let it evolve.



4. Do you prefer a more orderly fashion? Try organising your materials into a colour wheel.

Focus your attention on the colours and how they compliment or contrast each other.

Let this focus your mind and guide the outcome.