



Lancashire
Adult Learning

Family Learning



Contents

Single Sessions with Children Involved	6	Single Sessions with Parent/Carer Only	10
Coding in the Class	6	Keep Your Child Safe Online	10
Apps in the Class	6	Courses with Parent/Carer Only	12
Classroom to Front Room	6	Story Sacks	12
Ready, Steady, School	6	Helping Your Children with Reading	12
Lego Robotics	7	Keeping up with Children's English	12
Fun with Phonics	7	Family English	12
Fun with Maths	7	Number Sacks	12
Ozobots	7	Keeping up with Children's Maths	13
Courses with Children Involved	8	Family Maths	13
Mindset Matters	8	Number Crunchers	13
Family Arts and Crafts	8	Family Fortunes	13
Family Science Spectacular	8	Family ESOL	13
Family Healthy Eating	8	Help Your Children with SATS English	13
Digital Families	9	Help Your Children with SATS Maths	13
Families Play and Learn	9	Accredited Courses	14
Family Wellbeing	9	NOCN Award in Supporting a Child's Learning	14
Family Know How	9	NOCN Certificate in Supporting Early Learning at Home	15
Families Back to Nature	9	CACHE Level 1 Award in Preparing to Work in Schools	15
Let's Do Lego	10		
Let's Engineer	10		
Look Who's Talking	10		



“Parents have a better understanding of expectations of behaviour in school and follow this up at home.”

LAL Partner

Who are we?

LAL currently offers an extensive range of subjects to learners, with over 2,000 courses delivered per year across more than 300 venues throughout Lancashire, working together with over 200 partner organisations. This helps over 14,000 learners, many of whom have very diverse motivations for engaging with LAL's offer, and makes us one of the UK's largest Adult Community Learning Providers.

Our Family Learning Team work across Lancashire to deliver a range of innovative learning programmes that engage families in schools, libraries and neighbourhood centres.

What is Family Learning?

Family Learning refers to any learning activity that involves both children and adult family members, where learning outcomes are intended for both, and that contributes to a culture of learning in the family.

Our Wider Family Learning courses are designed to engage parents and children in learning together. These cover a wide range of the school curriculum including STEM.

These courses aim to:

- Develop the skills and knowledge of both parents and children through informal learning
- Enable parents to be more active in supporting their child's learning and development and recognise the impact of their support

Our Family English, Maths and Language (FEML) courses are designed for parents who wish to improve their own maths or English and is for families where English is not the primary language.

These programmes aim to:

- Improve the English, Maths and language skills of parents and their ability to help their children with learning
- Improve children's acquisition of English, Maths and Language



What is the Impact of Family Learning?

Family Learning can increase children's attainment by as much as 15 percentage points and narrows the gap between the lowest and highest achievers.

Family Learning Works recommends that all schools should include Family Learning programmes to increase children's levels of attainment at school and enable parents to be better prepared to gain employment.

100% of learners confirmed that their child's achievement/ behaviour had improved following their course.

Family Learning is a highly effective way to raise aspirations and increase parental involvement in a child's learning.

"Attending parents have spread the word in the playground to other parents on how good the courses are."

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*Data taken from the Inquiry into Family Learning in England and Wales -Family Learning Works and LAL Wider Impact Survey.

How do we do it?

- All Family Learning courses are FREE to you and the families. This is made possible due to the funding we receive from the Skills Funding Agency. In order to get the funding we will require learners to complete enrolment forms.
- Our Partnership and Recruitment Officers will work with you to decide which course is best for your families
- We provide a qualified teacher along with all resources required to deliver the course
- We can provide you with publicity to support in recruitment of the families.
- We require a minimum of eight learners to run a course
- We ask you to provide a suitable teaching and learning space for our teacher and the families



Progression

Many of our learners start off on a single session, however they can then progress onto other courses to further their learning and achieve their aspirations. We will work with you to build bespoke progression routes for your families.

For example:

1. Learners at one school started on a Help your Child with Maths course before progressing on to a 12 week Family Maths course and achieved a Functional Skills Maths qualification.
2. Learners at a Burnley school started on a Family Arts and Crafts course and then progressed on to the accredited "Supporting a Child's Learning" course.
3. A learner at a school in Nelson started on a Family Healthy Eating course, then progressed on to a Wellbeing course before ending on a Pre-Access "Ascentis Level 2 Certificate in Education Professions" course



Single Sessions with Children Involved

Course Name	Further information	Who is it for?
Coding in the Class	This half day session will introduce learners to the subject of computer coding and how it's being taught in the classroom. Topics will include Scratch Jr, Daisy Dinosaur, Lego Robotics and the BBC micro:bit.	For parents of children in KS1 and KS2.
Apps in the Class	This half day session will introduce learners to the apps being used with their children in the classroom. As schools use different apps the session will be tailored to the individual school.	For parents of children in KS1 and KS2.
Classroom to Front Room	This half day session will introduce learners to the wide variety of apps and websites that they can use to support their child's learning outside the classroom.	For parents of children in KS1 and KS2.
Lego Robotics	During this session, parents will have the opportunity to work with their child to create a physical robot that is controlled digitally. All workshops are fun with a focus on creativity and problem solving. The familiar LEGO® brick is used to stimulate children's desire to learn more through curiosity, creativity, critical thinking and collaboration and encourage engagement with STEM subjects.	Ideal for parents with children aged 4 – 11 years. Parents and children will learn together, preferably 1 parent to 1 child.
Fun with Phonics	This fun filled full or half day session aims to give parents an overview of how children are taught phonics, including the terminology used in schools.	Parents of children in the EYFS.

"Fantastic course - I feel equipped to help my child learn now and I'm excited to develop our knowledge of phonics together through techniques and ideas learnt today."

David, LAL Learner



Course Name	Further information	Who is it for?
Fun with Maths	This full or half day session aims to give parents an overview of how children are taught Maths, including the terminology used in schools.	Parents of children in the EYFS and Year 1.
Ozobots	This half day session will introduce learners to coding and programming with 'Bit' the Ozobot, a tiny robot with BIG technology! Working together to learn its simple colour language and create games and adventures for 'Bit' to explore. Learners will work with their child to develop their STEM skills, whilst having fun and learning together as a family.	For parents of children in KS2.



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"My boys love it when I make things, it makes me feel proud."

Khadija, LAL Learner

Courses with Children Involved

Course Name	Further information	Who is it for?
Family Arts and Crafts	<p>A three or six week course for parents and children to enjoy together.</p> <p>Learners will explore a range of arts and crafts activities, gaining new skills and knowledge to enable them to carry out creative activities at home and to support their child's learning.</p> <p>Parents will discover why creative tasks are important to a child's learning, as well as exploring how to make decisions together and developing positive interaction skills as a family unit.</p>	For parents of children in the EYFS, KS1 and KS2.
Family Science Spectacular	<p>A three or six week course for parents and children to enjoy together.</p> <p>Learners will enjoy Science themed activities as a family and have the opportunity to identify the learning opportunities that Science can promote.</p> <p>Families will learn how to communicate effectively with each other through activities which will help improve confidence and support the child's learning.</p>	For parents of children in KS1 and KS2.
Family Healthy Eating	<p>A three or six week course for parents and children to enjoy together.</p> <p>Families will have the opportunity to explore a range of healthy eating options and lifestyle choices aimed at improving health and wellbeing as a family.</p> <p>Learners will gain skills and knowledge such as how to prepare a healthy lunch, actively encourage exercise and identify the food swaps they could make.</p>	For parents of children in KS1 and KS2.
Digital Families	<p>This free course parents will give parents and carers the opportunity to explore how children are taught to code, use applications and websites in the classroom, and understand how to keep themselves and their child safe online so that they are better equipped to support their child with their learning outside of the classroom.</p>	For parents of children in KS1 and KS2.

Course Name	Further information	Who is it for?
Families Play and Learn	<p>This three or six week course is designed for parents who have children in the Early Years Foundation Stage. Parents will have the opportunity to explore the EYFS curriculum and find out about Reception Year settings.</p> <p>Learners will find out more about the seven areas of learning in the EYFS curriculum and identify suitable activities linked to each area to help develop literacy, communication, numeracy and language skills.</p>	For parents of children in the EYFS .
Family Wellbeing	<p>This free eight hour course will give parents and carers the opportunity to explore a range of themes related to family resilience and positive mental health and wellbeing.</p> <p>Through a gentle introduction, parents will learn a little bit of theory and lots of practical strategies to promote emotional resilience. Topics include helping your child to talk about emotions, being positive and able to challenge negative feelings, and how to help children to help themselves.</p>	For parents of children in KS1 and KS2.
Family Know How	<p>This course is designed to explore many of the subjects that parents face while managing everyday family life. Learners will be encouraged to share parenting experiences and explore strategies within the group to help enhance/alleviate some of the issues/dilemmas that families face.</p> <p>Parents will be able to identify the purpose of active communication and positive interaction with children including setting clear and realistic expectations of children, making time to interact with children, giving choices, showing unconditional love, learning how to challenge behaviour, focusing on the positive, giving praise and being able to set boundaries.</p>	For parents of children in the EYFS, KS1 and KS2.
Families Back to Nature	<p>This three or six week course is for parents and children to enjoy together.</p> <p>Families will be able to explore a range of outdoor based activities aimed at improving awareness of how outdoor play can support learning.</p> <p>Learners will gain skills and knowledge to enable them to plan outdoor activities, such as planting seeds and identifying local wildlife. They will also have the opportunity to develop confidence and communication skills as a family.</p>	For parents of children in the EYFS, KS1 and KS2.



Course Name	Further information	Who is it for?
Let's Do Lego	This 3 week course is for parents and children to enjoy together. Let's do LEGO is a fun way to engage children and parents with STEM subjects, as well as problem solving, design and innovative thinking. Each week there will be a new challenge for families to tackle such as building a LEGO catapult, a boat that floats, a LEGO marble maze, or even a LEGO volcano (that erupts!).	For parents of children in KS1 and KS2.
Let's Engineer	This 3 week course is for parents and children to enjoy together. Families will work together on STEM based challenges to problem solve, design, work as a team and have fun! Each week there will be a new challenge for families to tackle for example building a boat that floats, the tallest tower, or a bridge that can hold the weight of a toy car.	For parents of children in KS1 and KS2.
Look Who's Talking	<p>This 5 week course aims to show learners how reception children are taught Oracy skills, so that they are better equipped to support their child with speaking, listening, interacting and understanding skills at home.</p> <p>The course uses animal themed games and activities (including singing/ rhyme/ craft/ repetition) to encourage and develop speaking and listening skills.</p>	Parents of children in the EYFS.

Single Sessions with Parents/Carers Only

Course Name	Further information	Who is it for?
Keep your Child Safe Online	This half day session will help parents/carers gain an overview of how to help keep their child safe online, including tips and advice.	For parents of children in KS1, KS2 and KS3
Ready, Steady, School	During this half day session parents will have the opportunity to explore how to best prepare their child for school. This includes developing an awareness of the Early Years Foundation Stage and the Reception Year.	Parents of children who are due to start school in the next academic year.
Mindset Matters	This half day session will introduce the concept of Growth Mindset, where learners will find out what it is, how to develop it and strategies parents/ carers can use to increase their children's confidence, aspirations and belief in their own ability.	For parents of children in KS1, KS2 and KS3.





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"By doing this course it has helped me become more confident in myself, I'm now able to help my children more with their work and they are able to help me."

Joanne, LAL Learner

Courses with Parents/Carers Only

Course Name	Further information	Who is it for?
Story Sacks	This three or six week course will allow parents to support and develop their child's interest in stories and develop a bank of resources to support a story including puppets, props and teaching aids.	For parents of children in KS1 and KS2.
Helping your children with Reading	This three or six week course is a follow on from Fun with Phonics and will show parents how reception year and KS1 children are taught to read, spell and write using phonics, so that they are better equipped to support their children with their reading and literacy learning at home.	For parents of children in the EYFS and KS1
Keeping up with Children's English	This six week course aims to teach parents about the current methods being used in schools to teach their children English. The course will be tailored to the specific key stage and will cover topics such as the importance of speaking and listening, phonics, learning to read, punctuation, spelling and handwriting, reading comprehension, structuring writing and improving spelling, vocabulary, grammar and punctuation.	For parents of children in KS1 and KS2.
Family English	This 12 week course is ideal for parents who want to refresh and improve their own skills and prepare to progress onto a nationally recognised accredited qualification in English. Parents will also find out about current teaching methods used in schools and how to support their child's learning.	For parents of children in KS1 and KS2.
Number Sacks	This three or six week course will allow parents to support and develop their child's interest in numeracy and develop a bank of resources to support numeracy development including puppets, props and teaching aids.	For parents of children in the EYFS and KS1.

Course Name	Further information	Who is it for?
Keeping up with Children's Maths	This three or six week course aims to teach parents about the current methods being used in school to teach their children Maths. The course will be tailored to the specific key stage and will cover topics such as chunking, grouping, partitioning, grid multiplication, number lines, decomposition, addition, subtraction and multiplication.	For parents of children in KS1 and KS2.
Family Maths	This 12 week course is ideal for parents who want to refresh and improve their own skills and prepare to progress onto a nationally recognised accredited qualification in Maths. Parents will also find out about current teaching methods used in school and how to support their child's learning.	For parents of children in KS1 and KS2.
Number Crunchers	This three or six week course will allow parents to support their child's interest in Maths and develop a bank of resources that can be used at home to support mathematical development including props, teaching aids, games and manipulatives.	For parents of children in the EYFS and KS1.
Family Fortunes	This 5 week course aims to give parents the opportunity to explore financial capability themes. Learners will focus on how to help their child with fun family maths activities, be supported to develop positive money habits and learn how to save money on essential family expenditure.	For parents of children in the EYFS, KS1 and KS2.
Family ESOL	This 12 week course gives parents the opportunity to explore English related to their family and school life and see how children are taught to read, spell and write using phonics, so that they are better equipped to support their children with their literacy learning at home. Through a gentle introduction to English, parents will look at familiar topics that will enable them to communicate with school and gain an awareness of how children are taught. Learners will look at how to encourage children to develop their literacy, communication and language skills through play and activities.	Parents of children in the EYFS and KS1 who have English as an additional language.
Help your Child with SATS English Help your Child with SATS Maths	These single session or 3 week short courses aim to inform parents about the key assessments that their child will undertake. The format of the tests and the skills children need to do well in the tests will be explained to allow parents to better support their child at home.	Parents of children in Year 2 and in Years 5 and 6.





Accredited Courses

Course Name	Further information	Who is it for?
NOCN Award in Supporting a Child's Learning	<p>This Level 1 accredited course is for parents who would like to gain an understanding of how children learn and develop. It is particularly suitable for parents of pre-school and primary aged children and for those parents interested in working with children as a volunteer or paid employment.</p> <p>A minimum of 20 hours is needed for this course. There are a variety of units to select from which are listed below:</p> <ul style="list-style-type: none">• Supporting your Child's Learning• Skills for Listening to Your Child• Supporting Your Child with Maths• Supporting Your Child with Reading• Supporting Your Child with Writing• Supporting Your Child's Literacy and Numeracy Development out of School• Understanding How and Why to Make a Story Sack• Understanding How to Use a Story Sack with Your Child• Knowing How to Use Craft Activities to Support Your Child's Learning• Knowing How to Use Games to Support Your Child's Literacy Development• Knowing How to Use Games to Support Your Child's Numeracy Development• Knowing How to Use ICT to Support Your Child's Learning• Knowing How to Use Play to Support Your Child's Learning• Knowing How to Use Poetry and Rhyme to Support Your Child's Language Development <p>In order to attend this course you should be able to follow verbal and written instructions in English at Entry Level 3 and above.</p>	<p>This course is for parents of children aged up to 11 years. It is particularly suitable for parents of pre-school and primary aged children and for those parents interested in working with children as a volunteer or paid employment.</p> <p>This is a parent only course.</p>

"Parents have a better understanding of expectations of behaviour in school and follow this up at home."

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Course Name	Further information	Who is it for?
NOCN Certificate in Supporting Early Learning at Home	<p>This Level 2 accredited course is for parents of babies and young children who may wish to continue their studies afterwards onto qualifications in children's care, playwork, early years' education and associated disciplines.</p> <p>Parents will gain knowledge on how to support their child's early skills development such as early literacy, communication and language, and personal, social and emotional skills.</p> <p>A minimum of 60 hours is required to deliver this course. Assessment will be via the putting together of a portfolio of learner work.</p>	<p>This course is for parents of babies and young children aged up to 11 years.</p> <p>This is a parent only course.</p>
CACHE Level 1 Award in Preparing to Work in Schools	<p>This qualification is aimed at a range of learners who are thinking of working in a school or educational setting.</p> <p>The Level 1 accreditation is designed to prepare learners for further learning and training, while developing an understanding of the teaching and learning environment in a school setting, how to support the wellbeing of a child or young person and child, and young person development.</p> <p>In order to attend this course you should be able to follow verbal and written instructions in English at Entry Level 3 and above.</p> <p>Learners do not need to be working or undertaking practical placements to take this qualification.</p> <p>A minimum of 15 weeks is required to deliver this course. Assessment will be via the putting together of a portfolio of learner work.</p>	<p>This course is for parents looking to progress into childcare training.</p>



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Important Information

Entry Requirements

With the exception of Family ESOL, learners should be able to follow verbal and written instructions in English at Entry Level 3 or above.

Entry 3 descriptors include:

- Read and follow simple instructions.
- Listen and respond to simple statements and questions.
- Be able to write in simple sentences.

Costs

All of our courses are available free of charge.

How do I find out more?

If you work with children and would like more information on any of our courses or would like to know how our Family Learning Team can work with your organisation please contact us on **0333 033 1717**.

For more information please contact:

0333 003 1717 www.lal.ac.uk

